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Rey Ring
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Rey Ring

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S1- here are some good symptoms of ADHD

Hyperfocus is when you can only focus on one thing. this can be a good thing or a bad thing and you can hyperfocus on schoolwork or a show.

Resilience because people with ADHD overcome challenges daily and use strategies to reach their goals

Creativity because thanks to their wandering mind , creative ideas are more frequent

High energy while not all people with ADHD are high energy, the ones that are making it the stereotype with energy that seemingly never runs out

Spontaneity people with ADHD are always looking for a dopamine rush. so they are up for anything sometimes though the Spontaneity can be categorized as being reckless

Courage people with ADHD do whatever they enjoy at the moment and don't think of the long-term reproduction - something you learn to think about more as you grow up

Multitasking people with ADHD can do multiple tasks with ease because their minds can keep up with the fast-paced work.

S2 asks and sees if anybody answers

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